

This Privacy Policy describes how we collect, use, disclose, and protect your personal data when you use the Eatio mobile application (the “App”), operated by:

Data Controller:
Fryderyk Niedzwiecki
Warsaw, Poland

By installing or using the App, you agree to the collection and use of your information in accordance with this Privacy Policy.

1. What information do we collect?

1.1 Information you provide directly

- Account Data: name and email address when you register.
- Profile Data (optional): age, gender, height, weight, dietary goals.
- User-Generated Content: meals you log, photos, notes, and any other content you upload.

1.2 Information collected automatically

- Device Information: device model, operating system version, unique device identifiers.
- Usage Data: app features used, session duration, crash reports.
- Analytics Data: anonymized statistics about how you interact with the App (via services such as Google Analytics for Firebase).

1.3 Cookies and similar technologies

If you access web-based features (e.g. our support site), we may use cookies, local storage, and web beacons to remember preferences and gather anonymous usage data.

2. How do we use your information?

- To provide and maintain the App: enabling core functionalities like meal tracking and progress reports.
- To improve the App: monitoring usage patterns, diagnosing issues, and developing new features.
- To communicate with you: sending transactional messages (e.g. password resets) and, if you opt in, promotional notifications about updates or offers.
- To comply with legal obligations: responding to lawful requests by public authorities and protecting our rights.
- To analyze and enhance the App: we may employ automated tools (including AI-based tools) to process usage data for feature improvement and personalized insights.

3. Legal basis for processing (GDPR)

- Contract performance: necessary to fulfill our agreement with you (e.g. account setup, service provision).
- Legitimate interests: improving and securing the App.
- Consent: for optional profile data and marketing communications.
- Legal obligation: where required by applicable law.

4. With whom do we share your data?

We do not sell or rent your personal data. We may share your data with:

- Service providers: hosting, analytics, and other IT infrastructure under confidentiality agreements.
 - Legal authorities: if required by court order or law.
 - Aggregated or anonymized data: for internal analysis or public reporting, which cannot reasonably identify you.
 - Anonymized and aggregated data: for research and analytical purposes, we may share data stripped of any personally identifying details (e.g., statistics on calories, most-tracked meals).
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5. Third-party services

The App may integrate with third-party services (e.g. Google Fit, Apple Health). Their privacy policies apply when you choose to connect your data to those services.

6. Data retention

- Account and profile data: retained until you delete your account, plus any period required to comply with legal obligations.
 - Analytics and technical logs: up to 2 years, unless longer retention is justified for compliance or legitimate interest.
 - Marketing data (with consent): until you withdraw your consent.
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7. Your rights

Under the EU GDPR, you have the right to:

- Access your personal data.
- Rectify inaccurate data.
- Erase your data (“right to be forgotten”).
- Restrict or object to processing.
- Data portability: receive your data in a machine-readable format.
- Withdraw consent at any time (without affecting past processing).
- Lodge a complaint with a supervisory authority (e.g. President of the Personal Data Protection Office in Poland).

To exercise any of these rights, please contact us at [redacted email].

8. Security

We implement appropriate technical and organizational measures to protect your data, including:

- Encryption of data in transit (HTTPS/TLS).
 - Access controls and regular security assessments.
 - Data backup and recovery procedures.
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9. International data transfers

Your data may be processed or stored outside the European Economic Area (EEA). Whenever we transfer data outside the EEA, we use standard contractual clauses approved by the European Commission to ensure adequate protection.

10. Children's privacy

The App is not intended for children under 16. We do not knowingly collect personal data from minors. If we become aware that we have collected data from someone under 16, we will delete it promptly.

11. Changes to this Privacy Policy

We may update this Privacy Policy to reflect changes in our practices or legal requirements. The "Last updated" date at the top indicates when the policy was last revised. We encourage you to review this page periodically.

12. Contact us

If you have any questions or concerns about this Privacy Policy or our data practices, please contact:

Fryderyk Niedzwiecki
Warsaw, Poland
Email: eatio.english@gmail.com